

First	Last	Sm Group	Ht	Wt	Bench	Dips	Pullups	Squat	300 Avg	1.5 Mile	Bench	Dips	Pullups	Squat	1.5 Mile	Permit?
FALL 2018											SPRING 2019					
Spencer	Vandenberg	1	5'7"	138	0	7	3	12		11:04	2	11	7	21	9:30	
Matthew	Barrett	1	5'8"	208	inj	inj	inj	inj								
Aiden	Bello	1	6'0"	130	0	11	6	9	52	9:04	1	7	9	5	10:05	
Andrew	Ornduff	1	5'7"	110						9:06	0	13	10	30	11:45	
Andrew	Gall	1	5'10"	160	8	28	15	24								
Damian	Piecha	1	5'9"	145	1	15	13	18	55	8:23						
Patch	Garvey	2	5'7"	165	0	10	3	13	61	10:30	0	11	5	10	11:28	
Boden	Dominguez	2	5'06"	128	3	13	7	16	58		4	10	7	9	11:45	
Douglas	Reynolds	2	5'9"	178	INJ	INJ	INJ	INJ			0	inj	5	inj	11:47	
Jason	Koff	2	5'11"	150												
James	Sennott	2		125						9:30						
Danny	Donnelly	3									3	19	15	24	9:53	
Ryan	Chisholm	3	5'8"	130		18	14	30	52	9:08	0	19	14	30	9:59	
Martin	Browder	3	5'7"	160	5	18	18	30	51	9:00	12	15	10	30	10:06	
Logan	Dickinson	3	5'4"	125	8	27	15	30	53	9:23	7	30	15	29	10:18	
Nathan	Levan	3	5'10"	165	10	28	17	30	52	8:53	12	26	16	24	10:19	
Thomas	Morgan	3	6'0"	172	0	4	4	0	58	10:07	0	4	4	2	11:28	
Joe	Speers	4	6'1"	155	6	26	16	24	47	8:24	6	28	15	0	9:18	
Jose	Santos-Desotc	4	6'1"	178	10	26	14	24		9:22	12	26	14	24	9:44	
Chris	Schreiber	4	5'10"	150	8	30	15	26	48	8:30	11	27	18	29	9:56	
Jake	McNamara	4	5'10"	155	5	22	7	27	54		8	22	4	30	9:56	
Ryan	Lo	4	5'8"	150	1	23	5	20	53	9:28	1	12	5	25	10:18	
Jack	Rakowski	4	5'11"	150	0	18	5	22	54	9:48	0	16	8	19		
Elan	Zakutinski	4	6'1"	145	1	15	6	19	53							
Keenan	Chiarieri	5	5'6"	120	0	14	7	25		9:24	0	19	10	19	9:50	
Connor	Carrigan	5	5'8"	130	0					9:04	0	6	7	12	10:35	
Jimmy	Quinn	5	5'0"	120	0	7	4	24	58	10:13	0	8	4	24	11:28	
Connor	Karsh	5	6'3"	230	inj	inj	inj	inj		inj						
Billy	Nestos	5	5'7"	150	0	4	6	24		9:48						
Patrick	Piecha	5	6'1"	170	0	3	3	4	57	9:36						
Adam	Piechowicz	5	6'1"	145	0	26	20	24	52	8:29						
Harry	Panagakis	6	5'16"	180	14	41	28	32			19	52	42	52	10:01	
Connor	Sotirchos	6	5'10"	165	8	0	14	0	50		15	26	16	0	10:18	
Justin	Schuler	6	5'9"	145	0	16	5	25	59	10:03	0	10	6	27	10:58	
Andrew	Klippin	6	6'2"	185	0	8	4	10	53	9:31						
Piotr	Krempasky	6	5'8"	125	0	15	16	10	52	8:59						
Carter	Shute	6	5'9"	140	0	10	3	8								
Matt	Schultz	7	5'8"	130	2	11	14	25	49	8:16	5	25	15	40	9:22	
Liam	Roberson	7	5'10"	160	7	27	15	25	46	8:13	13	27	16	25	9:29	
Mark	Maddalozzo	7	5'8"	155	3	14	6	24	50	8:27	6	17	5	25	9:56	
Andrew	Schwarz	7	6'0"	150	0	12	12	24	55		0	11	8	28	10:02	
Georgios	Mathoudis	7	5'8"	190						10:34	4	10	9	33	13:17	
Kannon	Acocella	7	5'11"	160												

Red = Unexcused Absence
 WS = Winter Sport
 Green = Ironman
 Bold = Team Best
 *Italic = Program Record

IRONMAN:
 Bench > 5
 Dips > 25
 Pullups > 13
 Squat > 23
 300's < 50 sec
 1.5 Mile < 9:30

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FALL 2018											SPRING 2019					
Alex	Marziani	8	5'10	145	0	10	10	12	53	9:23	0	15	10	21	10:10	
Jonathon	Marquez	8	5'10	180	2	12	5	24	53	9:27	5	11	7	24	10:29	
Aaryan	Batra	8	5'8	120	0	11	7	14	62	10:43	0	11	5	27	11:36	
Kip	Huguely	8	5'10	199												
Wajjih	Suqi	8	5'5	115												
Tommy	Ziegler	8														
Clayton	Finzer	9	5'7	140	inj	inj	inj	inj	inj		12	27	21	55	9:17	
Danny	Weber	9	5'11	175	0	8	3	13	54	10:01	0	5	7	11	9:44	
Chase	Ignezi	9									6	10	13	24	9:58	
Collin	Casey	9	5'11	180	0	8	6	17	52	9:10	0	8	4	16	10:05	
Matt	LaPierre	9	5'10	130	0	11	6	19	56		0	11	14	15	11:05	
Dylan	Stefani	9	5'11	155	6	27	13	25	53							
Aidan	Prikos	10	5'10	185	11	INJ	12	25	52	8:45	16	inj	14	25	10:03	
Jacob	Wolf	10	5'10	135	9	26	14	24	53	8:29	14	26	14	24	10:09	
Nathan	Davis	10	5'8	135	10	27	22	25	49	8:16	10	30	20	0	10:10	
Gavin	Miller	10	6'1	155	WS	WS	WS	WS	46	WS	0	7	14	0	8:57	
Alex	Leftakes	10	5'10	140	0	15	14	20	51	8:43						
Nicholas	Rudolph										0	8	3	3	10:37	
Brad	Southwood										0	10	1	6	10:50	
Ben	Mann										0	11	1	10	10:50	
Max	Harrer										6	20	14	24	11:15	
Andrew (AJ)	James										0	4	5	0	11:45	
Brit	Vondersitt															
PROGRAM AVERAGE					152.82	3.14	16.33	10.27	19.91	53.07	9:17	4.5652	16.381	10.5652	20.244	10:26